Outback Dinner Menu with Prices, Calories & Deals 2026

Outback Steakhouse · Updated November 2026 · lupitatortilleria.com

Appetizers

Item	Price	Calories
Bloomin' Onion®	$11.99	1900
Down Under Trio	$13.99	1160
Three Cheese Spinach Dip	$7.99	870
Fried Mozzarella Bloomerangs	$9.99	1200
Gold Coast Coconut Shrimp	$15.99	980
Kookaburra Wings®	$15.99	1740
Sydney Shrooms	$10.49	1370
Aussie Cheese Fries	$13.99	2620

Signature Steaks

Item	Price	Calories
Outback Center-Cut Sirloin 6 oz	$18.99	340
Outback Center-Cut Sirloin 8 oz	$21.99	400
Victoria's Filet® Mignon 6 oz	$28.99	480
Victoria's Filet® Mignon 8 oz	$33.99	580
Bone-In Ribeye 20 oz	$37.49	1070
New York Strip 12 oz	$27.29	1070
Delmonico® Ribeye 15 oz	$34.99	1070
Melbourne Porterhouse 22 oz	$36.99	980

Steak Combos

Item	Price	Calories
Center-Cut Sirloin & Grilled Shrimp 6 oz	$26.99	960
Center-Cut Sirloin & Grilled Shrimp 8 oz	$29.99	1070
Sirloin & Coconut Shrimp 6 oz	$26.99	860
Sirloin & Coconut Shrimp 8 oz	$29.99	980
Sirloin & Ribs 6 oz	$32.99	1080
Sirloin & Ribs 8 oz	$35.99	1170
13 oz Ribeye & Choice of Shrimp	$36.99	1400
Victoria's Filet Mignon & Lobster 6 oz	$39.99	670

Chicken, Ribs & More

Item	Price	Calories
Kookaburra Wings® Entrée	$17.99	Crispy wings, calorie not listed
Drover's Ribs & Chicken Platter	$26.79	1310
Queensland Chicken & Shrimp Pasta	$23.99	1510
Alice Springs Chicken®	$22.49	910
Outback Ribs	$23.99	720
Bloomin' Fried Chicken	$22.99	970
Caramel Mustard Glazed Pork Chops	$23.99	900
Grilled Chicken on the Barbie	$18.49	410

Seafood

Item	Price	Calories
Seared Peppered Ahi	$20.99	Not listed
Toowoomba Salmon	$29.79	630
Grilled Shrimp On The Barbie	$24.99	550
Perfectly Grilled Salmon	$27.99	600
Steamed Lobster Tails	$37.99	490

Burgers & Sandwiches

Item	Price	Calories
The Half-Pound Outbacker Burger	$14.49	660
Chook Sammie	$14.99	540
The Bloomin' Burger®	$15.49	1140

Soups & Side Salads

Item	Price	Calories
Baked Potato Soup	$5.99	350
French Onion Soup	$8.99	570
House Side Salad	$5.99	180
Caesar Side Salad	$5.99	260
Classic Blue Cheese Wedge Side Salad	$6.99	530

Freshly Made Sides

Item	Price	Calories
Aussie Fries	$4.99	500
Homestyle Mashed Potatoes	$4.99	230
Dressed Baked Potato	$4.99	440
Steakhouse Mac & Cheese	$6.99	720
Broccoli	$4.99	120
Loaded Mashed Potatoes	$6.99	720

Desserts

Item	Price	Calories
Chocolate Chip Cookie Skillet	$8.29	910
Triple-Layer Carrot Cake	$9.99	1070
Salted Caramel Cookie Skillet	$8.99	910
Chocolate Thunder from Down Under®	$10.99	800
New York-Style Cheesecake	$9.99	940

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.